



Health Care Access Guide: LAKE COUNTY



HDA
Health &
Disability
Advocates



WAUKEGAN PUBLIC LIBRARY

putting quality in your life 

HEALTH CARE ACCESS GUIDE: LAKE COUNTY



The Waukegan Public Library and Health & Disability Advocates have joined together to create a Health Care Access Guide: Lake County. These pocket-sized tip cards are designed to help connect Lake County families to health resources, including how to get health insurance and direct access to health care services. This guide gives information about a number of available local programs and services in the area. This guide does not attempt to evaluate the quality of services provided by the organizations listed.

Funding for this guide has generously been provided by: Healthcare Foundation of Northern Lake County, Health & Disability Advocates, Waukegan Public Library, Lake County Health Department and Community Health Center, and Antioch Area Healthcare Accessibility Alliance.





TABLE OF CONTENTS

COMMON HEALTH TERMS TO KNOW1

HEALTH INSURANCE TERMS TO KNOW3

HEALTH CARE COVERAGE5

Everyone Needs Health Insurance5

How Can I Get Health Insurance?6

Who Can Help Me Get Covered?7

What Services are Covered?8

ILLINOIS HEALTH

INSURANCE MARKETPLACE9

What is the Health Insurance Marketplace?9

When can I purchase Health Insurance

Coverage through the Marketplace?10

ILLINOIS MEDICAID AND OTHER STATE MEDICAL PROGRAMS11

State Medical Programs for Children
and Parents12

For Women13

For Adults13

For Veterans14

Other Programs That Can Help15

UNDERSTANDING YOUR HEALTH CARE COVERAGE16

WHAT SHOULD I DO IF I'M SICK?17

WHAT KINDS OF HEALTH CHECK-UPS SHOULD MY FAMILY AND I GET THIS YEAR ...18

Adult Services18

Services for Women19

Pre-natal Services20

Services for Children and Teens20

WHERE TO GET HEALTH CARE SERVICES21

OTHER SUPPORTS FOR YOU AND YOUR FAMILY22

Elder Care22

Disability Care23

Health and Wellness for Veterans24

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY Appendix

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



Did You Know? If you are getting health coverage through a Medicaid program in Lake County, it is likely that your health services are coordinated by a “managed care provider.” Before you get any services, it is important to contact your specific Medicaid health insurance plan by calling the phone number on the back of your insurance card to make sure the health professional you have chosen will accept your insurance coverage and is in-network.

WHEN YOU MAKE YOUR MEDICAL APPOINTMENT:

- Be sure to write down the time and date of the appointment.
- Confirm all the details before the end of the phone call.
- Take a copy of your medical records, medications and any insurance card with you to the appointment.



COMMON HEALTH TERMS TO KNOW

ACUPUNCTURE: A form of alternative medicine most commonly used to treat pain, acupuncture involves inserting thin needles through your skin at strategic points on your body.

ADDICTION: The fact or condition of being addicted to a particular substance, thing, or activity—including drugs, alcohol or gambling.

CHIROPRACTIC: A form of alternative medicine focusing on the musculoskeletal system, especially the spine, and its effect on general health.

COUNSELING: Assistance and guidance in resolving personal, social, or psychological problems and difficulties.

DENTIST: A person qualified to treat the diseases and conditions that affect the teeth and gums.

FAMILY PRACTITIONER: A medical specialty devoted to comprehensive health care for people across all ages, genders, diseases and parts of the body. The doctor may be called a family physician, family doctor, or family practitioner.

GYNECOLOGY: The medical specialty related to the functions and diseases specific to women and girls, especially those affecting the reproductive system.

HIV: Human Immunodeficiency Virus, a retrovirus that causes Acquired Immune Deficiency Syndrome (AIDS).

HOME HEALTH CARE: Services that are provided in the home to a person who is confined to the home.

INPATIENT CARE: Care given to a patient who is admitted to a hospital, extended care facility, nursing home or other facility.

INTERNAL MEDICINE: A medical specialty focused on preventing, diagnosing and treating adult diseases. Doctors specializing in internal medicine are called internists, or physicians.

MASSAGE THERAPY: A system of alternative medicine intended to relieve tension or pain, or, heal a disorder, through the rubbing and kneading of muscles and joints of the body with the hands.

MEDICAL HOME: The partnership you and your family can develop with the health care provider of your choice. Most often a doctor or a nurse practitioner, a primary care provider is trained to be your first point of contact for continuous and complete health care services. The health care provider works with you to coordinate and arrange all of the health services you may need from different health professionals.



COMMON HEALTH TERMS TO KNOW

LONG TERM CARE: The range of services typically provided at skilled nursing, intermediate-care, personal care or eldercare facilities.

MENTAL HEALTH SERVICES: Supports and services to treat people with mental illness or mental health difficulties, such as anxiety, mood or eating disorders, depression, addiction, or others. Treatment and support may be provided inpatient (in other words, in the hospital) or outpatient (also called community mental health services) in a community setting instead of a hospital.

OBSTETRICS: The branch of medicine and surgery concerned with childbirth and the care of women giving birth.

ORTHOPEDIC CARE: The branch of medicine dealing with the correction of deformities of bones or muscles.

OUTPATIENT CARE: Any healthcare service provided to a patient who is not admitted to a facility. Outpatient care may be provided in a doctor's office, clinic, the patient's home or hospital outpatient department.

PEDIATRICS: The branch of medicine dealing with the health and medical care of infants, children, and adolescents from birth to age 18. Pediatric doctors provide medical care for children who are ill but also can provide preventive health services for healthy children, such as immunizations.

PREVENTATIVE SERVICES: Services such as health screenings, check-ups, and patient counseling that are used to prevent illnesses, disease, and other health problems, or, to detect illness at an early stage when treatment is likely to work best.

PRIMARY CARE PROVIDER: A doctor or nurse practitioner who provides you a wide variety of health care. This person will get to know you, work closely with specialists in other fields of health and medicine to keep you healthy, and help you keep track of your health over time.

SUBSTANCE ABUSE: A pattern of harmful use of any substance, such as drugs, for mood-altering purposes.

URGENT CARE: In an urgent care facility, treatment is provided for conditions requiring prompt medical attention but that are not emergencies. Examples of urgent care needs include ear infections, sprains, high fevers, vomiting and urinary tract infections.

WOMEN'S HEALTH: Healthcare services that focus on the treatment and diagnosis of diseases and conditions that affect a woman's physical and emotional well-being.



COMMON INSURANCE TERMS TO KNOW

CO-PAYMENT: The amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or prescription drug.

DEDUCTIBLE: The amount you owe for health care services your health insurance or plan covers before your health insurance or plan begins to pay.

EMERGENCY SERVICES: Services for an illness, injury or condition so serious that you must seek care right away to keep the condition from getting worse.

ESSENTIAL HEALTH BENEFITS: Services that are required to be covered by every insurance plan available on the Illinois Health Insurance Marketplace. A complete list of these services can be found in this guide.

EXCLUDED SERVICES: Health care services that your health coverage or plan does not pay for.

EXPLANATION OF BENEFITS (EOB): A summary of health care charges that your health plan sends you after you see a provider or get a service. It is not a bill. It is a record of the health care you or others covered on your policy got and how much your provider is charging the health plan. If you have to pay more for your care, your provider will send you a separate bill.

FORMULARY: A list of prescription drugs covered by an insurance plan. Also called a drug list.

HEALTH INSURANCE COVERAGE: This is the insurance you get through your employer, coverage you are eligible for through Medicaid or other state medical programs, or private insurance you purchase through the Illinois Health Insurance Marketplace. Health coverage pays for services, medications, hospital care and special equipment when you are sick and provides other helpful services to keep you healthy.

HEALTH PLAN: The group of doctors, hospitals, and other providers who work together to give you the healthcare you need.

COMMON INSURANCE TERMS TO KNOW



MANAGED CARE ENTITY: An insurance company that is under contract with the state of Illinois to coordinate most or all services to people getting coverage through a Medicaid program. If you are getting health coverage through Medicaid, it is important to call your health insurance company to find out which providers accept your plan and are in-network. You can usually find the name of your insurance company and contact information on the back of your insurance card.

NETWORK: The facilities, providers, and suppliers your health insurer has contracted with to provide health care services. Contact your insurance company to find out which providers you can use.

OUT-OF-POCKET MAXIMUM: The largest amount you pay during a policy period (usually one year) before your health insurance or plan start to pay 100% for covered essential health benefits. This limit includes deductibles, co-insurance, copayments, or similar charges and other expenses for a qualified medical expense.

OUT-OF-NETWORK: A provider who does not have a contract with your health insurer to provide services to you. You will pay more to use this provider.

PREAUTHORIZATION: A decision by your health insurer that a service is medically necessary. Contact your insurance company to find out if preauthorization for a treatment, prescription drug, or equipment is required before you receive it.

PREMIUM: The amount that must be paid for your health insurance or plan. You and/or your employer usually pay it monthly, quarterly, or yearly. If you don't pay your premium, you could lose your coverage.

PROVIDER: A health care professional, such as a doctor, nurse practitioner, behavioral health professional, or any other health care professional you see



HEALTHCARE COVERAGE

EVERYONE NEEDS HEALTHCARE COVERAGE

In March 2010, the Affordable Care Act (ACA, also called “Obama Care”) was signed into law and some new rules about health insurance are now in effect. Specifically, the ACA requires all people with legal status in the country to purchase health insurance. “Health insurance” includes insurance you may get through your employer, coverage you may be eligible for through Medicaid or other state medical programs, or private insurance you may purchase through the new Health Insurance Marketplace.

Some people already have health insurance, but if you don’t, this **Health Care Access Guide** will provide the information you need to get health insurance coverage for you and your family.

The new law also created the following changes to the health insurance industry:

- It is easy and affordable to get preventive and wellness services for you and your family. The ACA includes free “preventive care” on most health plans. Preventive care, such as immunizations, shots, blood pressure screenings, and cholesterol tests, helps you stay healthy.

- The ACA now requires that all insurance plans provide minimum coverage, including coverage for mental health and substance abuse services.
- Young adults may now remain on their parent’s health insurance plan until the age of 26.
- Insurance companies may no longer deny coverage, or increase premiums, due to pre-existing conditions.

Millions of Americans will qualify for financial help to pay for insurance. **There are more ways than ever to get affordable health insurance coverage for you and your family!**

TIP: Staying healthy increases the chances you’ll be there for your family and friends for many years to come. Although some health coverage may require you to pay a monthly premium, if you have low or moderate income, you may be eligible for help paying this premium.

EVERYONE NEEDS HEALTH INSURANCE

HOW CAN I GET HEALTH INSURANCE?

If you don't have insurance through your employer, or if the insurance offered through your employer isn't affordable, you may be able to get health insurance coverage through the Health Insurance Marketplace or, through an online application for Medicaid. Both of these options can provide comprehensive health coverage with a similar set of benefits.

"Marketplace Plans" are private insurance plans, available through the Illinois Health Insurance Marketplace. There are many low-cost health plans to choose from. **Depending on your income and household size, you may be able to get financial help from the federal government to make coverage more affordable.** Millions of Americans will qualify for financial help to pay for insurance.

Illinois Medicaid, Moms & Babies, or All Kids Programs are government programs that provide comprehensive health care coverage for free or little cost.

Did you Know? AllKids is a program that provides fee or affordable health care coverage to low income children in Illinois. This includes regular checkups, dental appointments, immunizations, hospital visits, physical therapy, mental health services, and vision care.

TIPS:

- If you have Medicaid (called a medical card, medical assistance, All Kids or public aid) you are already covered and do not need to apply for or purchase additional health insurance.
- If you have Medicare, you are most likely already covered and do not have to buy more health coverage.
- If you have coverage from your job, you are already covered and do not need to buy more health insurance.

All children are eligible for the program regardless of immigration status as long as they meet the following criteria:

- Aged 19 or younger
- Living in Illinois
- At or below 300% of the Federal Poverty Limit (for example, this limit is about \$6062.50/month for a family of 4 in 2015 and beyond)



EVERYONE NEEDS HEALTH INSURANCE

HELP GETTING INSURANCE COVERAGE

You can talk to someone near you about your coverage options for free. There are people available to meet face-to-face or to talk over the phone.

Navigators are specially trained counselors that are available to help answer your questions and find coverage for you, your family or your small business at no cost. Navigators are required to be unbiased and their services are free to consumers. You can visit this website www.getcoveredillinois.gov/get-help/ to find a Navigator, or, call (866) 311-1119.

Agents or Brokers are licensed professionals who are registered with the Illinois Health Insurance Marketplace and can help recommend specific health insurance plans for your family.

TIP: Waukegan Public Library has a Functional Health Literacy class to offer preventative care support, and connect you with local health care access points. For more information on the program contact (847)775-2565.

EVERYONE NEEDS HEALTH INSURANCE



WHAT KINDS OF SERVICES ARE COVERED THROUGH HEALTH INSURANCE?

By law, every insurance plan on the Illinois Health Insurance Marketplace will cover services called Essential Health Benefits. There are many low-cost health plans to choose from.

SERVICES COVERED WILL INCLUDE:

- Outpatient services, like services or tests done at a medical center or doctor's office that do not require you to stay overnight.
- Emergency services, like medical care given to treat a sudden or unexpected illness in an emergency to keep you from getting worse.
- Hospitalization, like services, tests or surgery that require you to stay the night in the hospital.
- Maternity and newborn care, like services during pregnancy and after your baby is delivered, including breastfeeding.
- Mental health and substance use disorder services, like services that improve your mental well-being or treat a mental illness or substance use problem.
- Prescription drugs, like medicines that require a prescription from your doctor.
- Habilitative and Rehabilitative services, like physical therapy, which helps you recover skills that you lost because you were hurt or disabled, or helps you develop and maintain the skills you need.
- Laboratory services, like tests you take to diagnose an illness or problem.
- Preventative and wellness services and chronic disease management like check-ups and screenings to help you stay healthy, and services to improve your quality of life by preventing or lowering the effect of a disease. This includes monitoring and educating you about your treatment.
- Pediatric care, including dental and vision care for children.



ILLINOIS HEALTH INSURANCE MARKETPLACE

WHAT IS THE ILLINOIS HEALTH INSURANCE MARKETPLACE?

The Illinois Health Insurance Marketplace (often called “the Marketplace”) is a resource where individuals, families, and small businesses can: learn about their health coverage options; compare health insurance plans based on costs, benefits, and other important features; choose a plan; and enroll in coverage.

There are many low-cost health plans to choose from. The Marketplace provides information on programs that help people with lower or moderate income enroll in coverage and identify resources to help pay for that coverage. Millions of Americans will qualify for financial help to pay for insurance. This includes ways to save on the monthly premiums and out-of-pocket costs.

The Marketplace is accessible through websites, call centers, and in-person assistance. To explore health coverage options, visit www.getcoveredillinois.gov. Based on just a couple of questions you can answer on the website, you will be guided to apply for health coverage through the Marketplace or from a state medical program, or “Medicaid.”

TIP: The Waukegan Public Library has certified Navigators waiting to assist you to enroll in health coverage. Please call (847) 775-2565 to set up an appointment.

Free, in-person help is available to help guide you through the enrollment process. You can call (866) 311-1119 to speak to someone who can help.

ILLINOIS HEALTH INSURANCE MARKETPLACE



WHEN CAN I GET HEALTH INSURANCE COVERAGE THROUGH THE MARKETPLACE?

You may only purchase insurance through the Marketplace during the Open Enrollment Period, unless you experience a major life change — such as moving to a new state, certain changes in your income, change in immigration status, and changes in your family size (for example, if you marry, divorce, or have a baby).

However, you can apply for Medicaid programs anytime of the year. Medicaid does not have an Open Enrollment Period or Special Enrollment Periods like the Marketplace.

For information about the Marketplace OR Medicaid programs, you can talk to someone face-to-face for free about your options. Specially trained counselors called Navigators are available near you to meet with you, answer your questions and help you find coverage.

Click www.getcoveredillinois.gov to find a Navigator, or call the Help Desk at (866) 311-1119. You can also call the Waukegan Public Library at (847) 775-2565.

WHAT IS THE PENALTY IF I DON'T HAVE HEALTH COVERAGE?

If you are uninsured for more than three months during the year, you may be subject to penalties which will be applied when you file your annual income tax return. For example in 2015, the penalty will be the greater of 2% of your yearly household income (only income above the tax filing threshold, about \$10,150 for an individual, is used to calculate the penalty), or, \$325 per person for the year (\$162.50 per child under 18) up to a maximum of \$975 per family.



ILLINOIS' MEDICAID PROGRAMS AND OTHER STATE MEDICAL PROGRAMS

WHAT ARE THE STATE MEDICAL PROGRAMS (OFTEN CALLED "MEDICAID") I MAY WANT TO APPLY FOR?

You can apply for Medicaid any time of the year.

You can also talk to someone face-to-face for free about your options. Specially trained counselors called Navigators are available near you to meet with you, answer your questions and help you find coverage. Visit www.getcoveredillinois.gov to find a Navigator, or call the Help Desk at (866) 311-1119.

ILLINOIS MEDICAID, MOMS & BABIES, OR ALL KIDS PROGRAMS

Illinois has several state medical programs which provide health insurance to children, families with low-income and resources, pregnant women, people with disabilities, and low income adults. Each program is limited in eligibility by age, health status, income, immigration status and asset levels and can vary in cost-sharing, coverage limits and access to providers.

Lake County residents and their family members, including spouses, children, and parents, may be eligible for state medical coverage if they meet the eligibility requirements.

The www.abe.illinois.gov website will guide you to apply for Medicaid (also known as All Kids, Family Care and the Medical Card) if it looks like you or a family member will be eligible for those programs.

In addition to healthcare, the state of Illinois also offers online application for food and cash assistance. Visit www.abe.illinois.gov to apply for these programs.

STATE MEDICAL PROGRAMS FOR CHILDREN AND PARENTS

ALL KIDS is the name for the Illinois Medicaid and State Children's Health Insurance Program (CHIP) for children up to age 19. Check your eligibility at www.abe.illinois.gov or call (866) 255-5437.

Family Care is the name for the Illinois Medicaid program for parents of children up to age 19, including pregnant women. Check your eligibility at www.abe.illinois.gov.

Moms & Babies (M&B) is a program for pregnant women and their babies. M&B pays for both outpatient and inpatient hospital services for women while they are pregnant, and for 60 days after the baby is born. It also pays for services to babies for the first year of the baby's life, if Moms & Babies cover the mother when the baby is born. Get more information at www.allkids.com/pregnant.html or call (866) 255-5437.

TIP: You do not have to be a citizen, a legal immigrant, or have a Social Security number to get help from the Moms & Babies program.

DID YOU KNOW?

AAHAA: The Antioch Area Healthcare Accessibility Alliance empowers people in the Antioch and surrounding area with access to essential health care services. AAHAA can help you connect to the right services based on your needs. For more information please call (847)395-2809.



STATE MEDICAL PROGRAMS FOR WOMEN

Illinois Healthy Women provides birth control, family planning, and reproductive health services to low income women, without insurance age 19-44. Download an application at www.illinoishealthywomen.com or call (800) 226-0768.

Illinois Breast and Cervical Cancer Program (IBCCP) provides free mammograms, pelvic exams, and other breast and cervical cancer screenings for women who do not have insurance ages 35-64 (younger women may also be eligible in some cases). Women diagnosed with cancer also may receive treatment even if she was not previously enrolled in IBCCP. For information on how to qualify for IBCCP, visit www.cancerscreening.illinois.gov or call the Women's Health Line: (888) 522-1282.

STATE MEDICAL PROGRAMS FOR ADULTS

Illinois has expanded their Adult Medicaid program to cover all U.S. Citizens and Legal Permanent Residents of 5 or more years between the ages of 19-65, earning up to 138% of the poverty level. In 2014, 138% of the poverty level for a household of one is \$16,105/year; it is \$32,913/year for a household of four.

STATE MEDICAL PROGRAMS FOR SERVICE MEMBERS AND VETERANS



Service Members and Veterans may be eligible for military health benefits, including VA health care or TRICARE. Family members of Veterans, including Veterans serving in the post-9/11 conflict, may also be eligible for health benefits.

A person who served in the active military, naval, or air service and who was discharged or released under conditions other than dishonorable may qualify for VA health care benefits. Apply online at www.1010ez.med.va.gov/sec/vha/1010ez/ or call **(877) 222-VETS (8387)**.

Once enrolled, Veterans can receive health care at VA health care facilities anywhere in the country.

TRICARE is health insurance for active duty military, retirees, National Guard, reservists, and their families or survivors. This coverage allows access to civilian health care providers, and dental and pharmacy services. For more information, visit www.tricare.mil or call TRICARE at (877) 874-2273.

The Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA) is a health benefits program in which the Department of Veterans Affairs (VA) shares the cost of certain health care

services and supplies with eligible beneficiaries, such as the spouse, widow or children of a Veteran. Apply online at www.va.gov/vaforms/form_detail.asp?FormNo=10d or call the Chief Business Office Purchased Care at (800) 733-8387. When calling, select the Application Form option from the voice-mail menu.

DID YOU KNOW?

Service members who are already enrolled in VA health care benefits meet the ACA requirement to have health insurance coverage. Service members who are not currently enrolled in VA health care benefits may enroll at any time to get help from the VA benefits program.



STATE MEDICAL PROGRAMS FOR SERVICE MEMBERS AND VETERANS

Supplemental Nutrition Assistance Program (SNAP)

(formerly Food Stamps) helps low income people and families buy the food they need for good health. Benefits are provided on the Illinois Link Card - an electronic card that is accepted at most grocery stores.

Temporary Assistance for Needy Families (TANF)

provides temporary financial and healthcare coverage for pregnant women and families with one or more dependent children. TANF provides financial assistance to pay for food, shelter, utilities and expenses other than medical.

Aid to the Aged, Blind and Disabled (AABD) Cash is for people who are aged, blind and/or disabled and need money. A person who is eligible for the AABD Cash program receives cash and Healthcare Coverage.

Healthcare Coverage: Illinois offers healthcare coverage to eligible children, adults, seniors and people with disabilities. These programs provide access to healthcare at a reasonable cost.

Don't Forget! Navigating these programs and their eligibility requirements can be confusing. There are certified navigators at the Waukegan Public Library available to provide individual assistance. **If you have additional questions, please call (847) 775-2565.**

NEED HELP?

Call 9-1-1 if you have an emergency or life threatening situation.

UNDERSTANDING YOUR COVERAGE

The questions below can help you better understand your health care coverage and what you might pay when you get health care. If you do not know the answers to these questions, contact your insurance plan or the HFS Health Benefits Hotline at (866) 468-7543 to get information.

- How much will I have to pay for a primary care visit? A specialty visit? A mental/behavioral health visit?
- Would I have to pay a different amount if I see an “in-network” or “out-of-network” provider?
- How much do I have to pay for prescription medicine?
- Are there limits on the number of visits to a provider, like a physical therapist?
- How much will it cost me to go to the emergency room if it is not an emergency?
- What is my deductible?
- Do I need a referral to see a specialist?
- What services are not covered by my plan?

DID YOU KNOW?

If you are getting health coverage through a Medicaid program in Lake County, it is likely that your health services are coordinated by a “managed care provider.” Before you get any services, it is important to contact your specific Medicaid health insurance plan by calling the phone number on the back of your insurance card to make sure the health professional you have chosen will accept your insurance coverage and is in-network.



WHAT SHOULD I DO IF I (OR A MEMBER OF MY FAMILY) IS SICK, AND NEEDS MEDICAL CARE?

You can get healthcare many different places in the community. If you are already covered by insurance purchased through the Health Insurance Marketplace, insurance provided by your job, or, a state medical program (Medicaid), use this guide to find a provider near you. If you need help, you can contact your insurance company to find out which health care providers in your area are included in your plan.

KNOW BEFORE YOU GO: Not all types of providers and facilities take all insurance plans or types of coverage. Call the office, or your insurance company, before you go to make sure they see patients with your coverage.

If you do not have insurance coverage, you can use this guide to find a location of a clinic in your area.

TIP: It is best for you to get routine care and recommended preventative services from a primary care provider instead of the emergency room. You should only go to the emergency room if you are injured or very sick. This Health Care Access Guide lists many locations for you or a member of your family to go for medical attention or preventative services, such as a community health clinic.

NEED HELP?

Call 9-1-1 if you have an emergency or life threatening situation.

WHAT KINDS OF HEALTH CHECK-UPS SHOULD MY FAMILY AND I GET THIS YEAR?

Regular health examinations and tests are important. Getting regular health checks can help find health problems early on, when your chances for treatment are better. By getting regular check-ups, you are taking steps that help your chances for living a longer, healthier life.

Lake County Health Department and other community health centers provide comprehensive, patient-centered medical care for adults and children. Use this guide to find a location near you!

Adults Health Services

- Adult physicals
- Treatment of acute and chronic illness
- Screening for colon cancer
- Testing, Treatment, Counseling for Sexually Transmitted Diseases and HIV/AIDS
- Diagnostic evaluation
- Psychotherapy
- Psychiatric assessment
- Crisis intervention for adults

*Mental Health Services are available at the Belvidere Medicaid Building. Get a referral from a primary care physician to access services.



WHAT KINDS OF HEALTH CHECK-UPS SHOULD MY FAMILY AND I GET THIS YEAR?

WOMEN'S HEALTH

Did you know? When it comes to health, women are often the primary decision-maker for their families and the trusted source in circles of friends. They are also key consumers of health care. Women have high rates of chronic disease, including diabetes, heart disease, and stroke. In addition, women have unique preventive health needs to ensure they are healthy throughout every stage of life.

Here is a short list of services for women that are now covered without cost-sharing requirements.

- Well-woman visits: This includes a yearly check to get needed health services and screenings.
- Gestational diabetes screening: This screening is for women 24 to 28 weeks pregnant, and those at high risk of developing gestational diabetes that helps improve the health of mothers and babies.
- HPV DNA testing: Early screening, detection, and treatment of the human papillomavirus (HPV), which has been shown to help reduce the prevalence of cervical cancer.
- STI counseling and HIV screening and counseling: Access to annual counseling on sexually transmitted infections. Women are at increased risk of contracting HIV/AIDS.
- Contraception and contraceptive counseling: Women with reproductive capacity have access to all Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider.
- Breastfeeding support, supplies and counseling: Pregnant and postpartum women have access to comprehensive lactation support and counseling from trained providers, as well as breastfeeding equipment. Interpersonal and domestic violence screening and counseling: Screening and counseling for interpersonal and domestic violence will be covered for all adolescent and adult women.

WHAT KINDS OF HEALTH CHECK-UPS SHOULD MY FAMILY AND I GET THIS YEAR?



PRENATAL PROGRAM

- Complete medical examinations
- Laboratory tests
- Prenatal care
- Health education
- Breastfeeding counseling and free breast pumps for those in need

CHILDREN'S HEALTH

Some routine, recommended services for children include:

- Complete physical exam
- Developmental screening
- Lab work (blood and urine tests)
- Immunizations (shots)
- Complete health history and education on staying healthy

DID YOU KNOW?

You can call your primary care doctor to schedule a Healthy Kids checkup.

Don't Forget: Children can get any health service or treatment that their primary care doctor says is medically necessary. There are no fees or co-payments for children's checkups, shots, lab tests, or X-rays.

Teens and young adults (through age 20) need checkups too. The primary care doctor can talk to them about good habits that will help them become or stay healthy, staying safe, and avoiding problems such as smoking, drinking, doing drugs, becoming pregnant, causing a pregnancy, or getting a sexually transmitted infection.



WHERE TO GET PRIMARY CARE

CLINICS

Clinics throughout the community provide medical care to adults and children through Community Health Clinics. These clinics provide free language assistance. No one is denied services due to the inability to pay. For more information, contact the clinic nearest you.

HOSPITALS

A hospital is an institution that provides medical care and treatment to those who are sick or injured. There are several hospitals located in Lake County. These hospitals are equipped to help with severe injuries or serious, persistent health concerns.

URGENT CARE CENTERS

There are a number of urgent care centers in Lake County that provide treatment for conditions requiring prompt medical attention but that are not emergencies.

TIP: Getting recommended preventative services and making health lifestyle choices are key steps to good health and well-being!

DID YOU KNOW?

It is best for you to get routine care and recommended preventative services from a primary care provider instead of the emergency department. You should only go to the emergency department if you are injured or very sick. This Health Care Access Guide lists many locations for you or a member of your family to go for medical attention or preventative services, such as a community health clinic.

Examples of urgent care needs include ear infections, sprains, high fevers, vomiting and urinary tract infections.

SPECIALISTS

A health specialist is a physician whose practice is limited to a particular branch of medicine or surgery. People are usually referred to see a specialist by a primary care physician who believes specialized care would be more appropriate for the patients' health concern.

OTHER SUPPORTS FOR YOU AND YOUR FAMILY



ELDER CARE

Healthcare: Medicare is a federal health insurance program for people over age 65 or those who receive a certain type of disability payment from Social Security. To learn more, call the Senior Helpline at (800) 252-8966 or visit www.illinois.gov/aging/Pages/default.aspx to locate an area agency on aging near you.

Area agencies assist Medicare beneficiaries for free with planning and coordinating services.

The Nursing Home Comparisons Tool:

www.medicare.gov/NursingHomeCompare/search.aspx

Home Care or Hospice Agency Locator:

www.nahcagencylocator.com/

Eldercare Community Assistance Locator:

www.eldercare.gov/Eldercare.NET/Public/Index.aspx

SENIOR CENTERS

There are senior centers throughout Illinois dedicated to serving older adults, offering a wide range of programs and activities, which may include congregate meals, transportation, education, counseling, legal assistance and health screening.

For more information visit www.state.il.us/aging/1athome/sr-centers.htm or call the **Senior Help Line** at (800) 252-8966 or (888) 206-1327 (TTY).



OTHER SUPPORTS FOR YOU AND YOUR FAMILY

DISABILITY CARE

Aid to the Aged, Blind or Disabled (AABD) offers cash and medical assistance for eligible persons who are blind, have a disability, or are over age 65. Apply online at www.abe.illinois.gov, apply in person at a local Family Community Resource Center, or call the Department of Human Services Help Line at (800) 843-6154 or (800) 447-6404 (TTY).

Cash Benefits and Medical Coverage: The Social Security Administration (SSA) provides cash benefits and medical coverage for eligible people with disabilities through the Supplemental Security Income (SSI) program and the Social Security Disability Insurance (SSDI) program. Contact the Social Security Administration for more information at (800) 772-1213, visit www.ssa.gov or apply at your local SSA office.

The **Community Care Program** provides case management, adult day, and homemaker services, and helps elders remain in their homes, but is limited to people over 60 with certain incomes. Visit www.illinois.gov/aging/Pages/default.aspx or call the Senior Help Line (800) 252-8966 or (888) 206-1327.

The **Home Services Program (HSP)** provides services to individuals with severe disabilities within the ages of 18 to 60 who need help with daily living activities in their homes. Many of these people are at risk of moving into a nursing home or other facility. Services include assistive equipment, environmental modification, homemaker, personal care, therapy, supportive, and respite services. Call the Division of Rehabilitation Services at (800) 843-6154.

The **Illinois Assistive Technology Program** offers several programs for assistive technology devices, services, home and vehicle modification. For more information, visit www.iltech.org.

OTHER SUPPORTS FOR YOU AND YOUR FAMILY



HEALTH AND WELLNESS FOR VETERANS

The **Veterans Care Program** provides access to comprehensive health care (including dental and vision) to low-income, uninsured Veterans and their spouses who have been uninsured for at least 3 months. Download an application at www.illinoisVeteranscare.com or call (877) 4 VETS RX.

Traumatic Brain Injury and Posttraumatic Stress

Disorder: Traumatic brain injury (TBI) and Post-traumatic Stress Disorder (PTSD) are the signature injuries of our current military conflicts. Symptoms of TBI can be headaches, ringing in the ears, and dizziness, which can range in severity from mild to extreme, depending on the extent of the brain damage. PTSD occurs after experiencing a traumatic event.

The **Illinois Warriors Assistance Program (IWAP)**

provides confidential PTSD and TBI assistance to Veterans and active duty service members who served at least 180 days. IWAP is primarily for Veterans who cannot get services through insurances or the VA, but it does allow exceptions. Visit www.illinoiswarrior.com or call (866) 554-4927.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

Hospitals: Seek out Hospital Emergency services if you are experiencing life threatening conditions. Some examples of conditions that require emergency medical care include:

- Severe chest pain or difficulty breathing
- Compound fracture (bone protrudes through skin)
- Convulsions, seizures or loss of consciousness
- Fever in newborn (less than 3 months old)
- Heavy, uncontrollable bleeding
- Deep knife wounds or gunshot wounds
- Moderate to severe burns
- Poisoning
- Serious head, neck or back injury
- Pregnancy-related problems
- Severe abdominal pain
- Suicidal or homicidal feelings

Urgent Care Facilities treat medical conditions that are not considered emergencies, but still require care within 24 hours. Some examples of such conditions include:

- Accidents and falls
- Sprains and strains
- Moderate back problems
- Breathing difficulties
- Bleeding/cuts
- X-rays and laboratory tests
- Eye irritation and redness
- Fever or flu
- Vomiting, diarrhea or dehydration
- Severe sore throat or cough
- Minor broken bones and fractures
- Skin rashes and infections
- Urinary tract infections

Community Health Centers provide a range of non-emergency services, such as family practice and dental care, to anyone regardless of insurance status. Fees for services are adjusted based on ability to pay.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



COMMUNITY HEALTH CENTERS	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Belvidere Health Center 2400 Belvidere Road Waukegan, IL 60085 (847)377-8400	✓	✓	✓		Lake County Health Department Community Health Center
Erie HealthReach Medical Clinic 2323 W. Grand Ave Waukegan, IL 60085 (847)666-3494	✓	✓	✓		Accepts those insured and uninsured. Will provide services to ALL.
Fenix Family Health Center 130 Washington Avenue Highwood, IL 60040 (847)909-2004	✓	✓	✓	✓	Accepts those insured and uninsured.
Grand Avenue Health Center 3010 Grand Avenue Waukegan, IL 60085 (847)377-8180	✓	✓	✓		Lake County Health Department Community Health Center
Interprofessional Community Clinic @ Rosalind Franklin University 3471 Green Bay Road North Chicago, IL 60064 (847)578-8501	✓	✓	✓	✓	Must be at least 18 years old. Open only Thursdays 4-8pm. Call number listed on Thursdays, leave a message and your call will be returned in order to schedule your medical appointment.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

COMMUNITY HEALTH CENTERS	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Midlakes Medical and Dental Building 224 Clarendon Avenue Round Lake Beach, IL 60073 (847) 984-5100	✓	✓	✓		Lake County Health Department Community Health Center.
North Chicago Community Health Center 2215 14th Street North Chicago, IL 60064 (847)984-5200	✓	✓	✓		Lake County Health Department Community Health Center.
Northeast Health Center 1819 27th Street Zion, IL 60099 (847)984-5400	✓	✓	✓		Lake County Health Department Community Health Center Lake County Health Department Community Health Center
North Shore Health Center 1840 Green Bay Road Highland Park, IL 60035 (847)984-5200	✓	✓	✓		Lake County Health Department Community Health Center

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
<p>URGENT CARE FACILITIES</p> <p>Northwest Community Healthcare Immediate Care Center 1201 S. Rand Road Lake Zurich, IL 60047 (847)540-8088</p> <p>15 S. McHenry Road Buffalo Grove, IL 60089 (847)459-6100</p>	✓	✓	✓	✓	Urgent care facility
<p>Advocate Condell Immediate Care 1445 Hunt Club Road Gurnee, IL 60031 (847)249-2800</p> <p>2.E Rollins Road Round Lake Beach, IL 60073 (847)740-2500</p> <p>6 Phillip Road Vernon Hills, IL 60061 (847)680-0500</p>	✓	✓	✓	✓	Urgent care facility



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

URGENT CARE FACILITIES	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Northwestern Grayslake Emergency Center 1475 E. Belvidere Road, Suite 12 Grayslake IL, 60030 (847)535-8950	✓	✓	✓	✓	Urgent care facility
Lindenhurst Family Practice Walk-In Clinic 3021 Falling Waters Boulevard, Suite A Lindenhurst, IL 60046 (847)356-9300	✓	✓	✓	✓	Urgent care facility
United Family Health Center 755 S. Milwaukee Street, Suite 175 Libertyville, IL 60048 (847)680-7002	✓*	✓	✓		Urgent care facility Languages: Chinese, Arabic, and Spanish
Provida Family Medicine 18931 W. Washington Street, Suite 100 Grayslake, IL 60030 (847)548-2200	✓	✓	✓	✓	Urgent care facility

* More languages available.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



URGENT CARE FACILITIES	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
PromptMed 724 N. Green Bay Road Waukegan, IL 60085 (847)901-8400	✓			✓	Open 365 days a year. M-F 8AM-8PM. Saturday and Sunday 9:00AM-5PM. Walk-in service available.
Family Medicine Specialists 917 Belvidere Road Waukegan, IL 60085 (847)244-4995 431 W. Liberty Wauconda, IL 60084 (847)526-2151 4000 Route 173 Zion, IL 60099 (847)731-9617	✓	✓	✓	✓	Urgent care facility



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

HOSPITALS	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Vista Medical Center West 2615 Washington Street Waukegan, IL 60085 (847)249-3900	✓	✓	✓	✓	Urgent care facility available. Upon request, you have the right to language access services.
Vista Medical Center East 1324 N. Sheridan Road Waukegan, IL 60085 (847)360-3000	✓	✓	✓	✓	Urgent care facility available. Upon request, you have the right to language access services.
Advocate Condell Medical Center 801 S. Milwaukee Ave Libertyville, IL 60048 (847)362-2900	✓	✓	✓	✓	Urgent care facility available. Upon request, you have the right to language access services.
Grand Avenue Health Center 3010 Grand Avenue Waukegan, IL 60085 (847)377-8180	✓	✓	✓		Lake County Health Department Community Health Center
Advocate Good Shepherd Hospital 450 W. Highway 22 Barrington, IL 60010 (847)381-0123	✓	✓	✓	✓	Urgent care facility available. Upon request, you have the right to language access services.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



HOSPITALS	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Northwestern Lake Forest Hospital 60N. Westmorland Road Lake Forest, IL 60045 (847)234-5600	✓	✓	✓	✓	Urgent care facility available. Upon request, you have the right to language access services.
North Shore Health System Highland Park Hospital 777 Park Ave West Highland Park, IL 60035 (847)432-8000	✓	✓	✓	✓	Urgent care facility available. Upon request, you have the right to language access services.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

PEDIATRICS	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Premier Pediatrics 185 N. Milwaukee Avenue, Suite 220 Lincolnshire, IL 60069 (847)821-9500	✓			✓	
31600 N. Brookside Drive, Suite 204 Gurnee, IL 60031 (847)821-9500					
Lake Forest Pediatric Associates 2592 Grand Avenue Lindenhurst, IL 60046 (847)295-1220					
917 Sherwood Drive Lake Bluff, IL 60044 (847)295-1220		✓	✓	✓	Upon request, you have the right to language access services.
870 W. End Court Vernon Hills, IL 60061 (847)244-1375					

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



PEDIATRICS	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
The Children's Health Center 15 Tower Court, Suite 100 Gurnee, IL 60031 (847)244-1375	✓				



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
<p>Illinois Bone & Joint Institute, LTD. 350 S. Greenleaf, Suite 405 Gurnee, IL 60031 (847)336-3335</p> <p>151 W. Golf Road Libertyville, IL 60048 (847)680-4765</p> <p>Silver Oaks Center 2552 N. Route 83 Round Lake, IL 60073 (224)444-2050</p>	✓			✓	Upon request, interpreters are available.
<p>Greenleaf Orthopedic Associates 105 N. Greenleaf Street Gurnee, IL 60031 (847)623-3090</p>	✓*				
<p>Rosalind Franklin University 3471 Green Bay Road North Chicago, IL 60064 (847)473-4357</p>					

* More languages available.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



ACUPUNCTURE, CHIROPRACTIC, NUTRITION, MASSAGE & HOLISTIC CARE	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Acucenter Pain Clinic 222 Wisconsin Avenue, Suite 111 Lake Forest, IL 60045 (847)615-1516				✓	Languages: Chinese & English
Libertyville Acupuncture 737 N. Milwaukee Avenue Libertyville, IL 60048 (847)796-0123				✓	
Libertyville Massage Therapy Clinic 128 Newberry Avenue Libertyville, IL 60048 (847)680-0077					
Back-2-Health Chiropractic & Acupuncture 3900 W. Washington Street, Suite 1 Gurnee, IL 60031 (847)782-9280					



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

ACUPUNCTURE, CHIROPRACTIC, NUTRITION, MASSAGE & HOLISTIC CARE	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Mid-America Medical & Physical Therapy 2640 Sheridan Road Zion, IL 60099 (847)731-6727	✓*			✓	Languages: American Sign Language, Tagalog, Spanish and Ukrainian

* More languages available.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



WOMEN'S HEALTH, OB/GYN, FAMILY PLANNING	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Women's Health First Obstetrics & Gynecology 600 W. Lake Cook Road, Suite 120 Buffalo Grove, IL 60089 (847)808-8884	✓			✓	
Associates for Women's Health 3 S. Greenleaf Avenue, Suite A Gurnee, IL 60031 (847)244-0222	✓*		✓	✓	
OB/GYNE Associates of Libertyville, S.C. 801 S. Milwaukee Avenue, Suite 200 Libertyville, IL 60048 (847)680-3400	✓			✓	
Family Resource Center of Zion 1622 23rd Street Zion, IL 60099	✓				All programs are free of charge.

* More languages available.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

WOMEN'S HEALTH, OB/GYN, FAMILY PLANNING	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Lake County Health Department 2400 Belvidere Road Waukegan, IL 60085 (847)-377-8400	✓		✓		
North Chicago Health Center 2215 14TH Street North Chicago, IL 60064 (847)984-5200	✓		✓		
Midlakes Health Center 224 Clarendon Drive Round Lake Beach, IL 60073 (847)984-5100	✓		✓		
Northeast Satellite 1819 27TH Street Zion, IL 60099	✓		✓		All programs are free of charge.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



WOMEN'S HEALTH, OB/GYN, FAMILY PLANNING	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Erie Health Clinic 2323 Grand Ave Waukegan, IL 60085 (847)666-3494	✓		✓		
Lake County YWCA 1425 Tri-State Parkway, Suite 180 Gurnee, IL 60031 (847)662-4247	✓		✓		All Women's Health programs are capped off, or free of charge. FREE Mammograms available. Transportation may also be available.
Rosalind Franklin University: Reproductive Medicine Center 830 W. End Court, Suite 400 Vernon Hills, IL 60061 (847)247-6900					
Catholic Charities Pregnancy Services 24- Hour Intake Hotline (800)227-3002 or (312)454-1717	✓				All programs are free of charge.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

SEXUALLY TRANSMITTED DISEASES, HIV/AIDS	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Lake County Health Department and Community Health Center 2400 Belvidere Road Waukegan, IL 60085 (847)377-8400	✓	✓	✓	✓	
Catholic Charities- HIV/AIDS Program 671 S. Lewis Avenue Waukegan, IL 60085 (847)782-4156	✓				
Lake County YWCA 1425 Tri-State Parkway, Suite 180 Gurnee, IL 60031 (847)662-4247	✓				All programs are free of charge.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



MENTAL HEALTH SERVICES	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Catholic Charities Holbrook Center St. Mary of the Lake Gatehouse 998 E. Maple Street Mundelein, IL 60060 (847)566-5168					
Grand Avenue Health Center 3010 Grand Avenue Waukegan, IL 60085 (847)377-8180	✓	✓	✓		
Libertyville Office 18698 Peterson Road Libertyville, IL 60048	✓	✓	✓		



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

MENTAL HEALTH SERVICES	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Rosalind Franklin University: Behavioral 830 W. End Court, Suite 400 Vernon Hills, IL 60061 (847)247-6910					Behavioral health specialists for children, teens, and adults. Must call to make an appointment.
Nicasa: Counseling Services 31979 N. Fish Lake Road Round Lake, IL 60073 (847)546-6450 1113 N. Greenwood Avenue Waukegan, IL 60085 (847)244-4434	✓*	✓	✓	✓	Counseling services Open on the weekends

* More languages available.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



MENTAL HEALTH SERVICES	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Arden Shore Child & Family Services Counseling Center 329 N. Genesee Street Waukegan, IL 60085 (847)623-1730 ext .102	✓	✓	✓	✓	
Community Youth Network Counseling Center 18640 W. Belvidere Road Grayslake, IL 60030 (847)548-6000					
Youth and Family Counseling 1113 S. Milwaukee Ave., #104 Libertyville, IL 60048 (847)367-5991 Hours of operation: Monday -Thursday 9-9:00pm Friday 9-5:00pm Saturdays by appointment			✓		Payment: Medicare, Tri-Care, and most Private Insurance. Sliding Fee Scale.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

MENTAL HEALTH SERVICES	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
<p>Nicasa: Substance Abuse Prevention and Treatment 31979 N. Fish Lake Road Round Lake, IL 60073 (847)546-6450</p> <p>1113 N. Greenwood Avenue Waukegan, IL 60085 (847)244-4434</p>	✓	✓	✓	✓	
<p>Zacharias Sexual Abuse Center 4725 Old Grand Avenue Gurnee, IL 60031 (847)244-1187</p>	✓				24 hour support line (847)872-7779 All services are free of charge.
<p>National Association for the Mentally Ill (NAMI) 3001 Green Bay Road North Chicago, IL 60064 (847)249-1515</p>	✓				<p>www.namiccns.org/</p> <p>www.namilake-il.org/</p> <p>For Spanish services, call Nancy Sussman at (847)716-2252.</p>

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



SUBSTANCE ABUSE, ADDICTIONS TREATMENT	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
<p>Nicasa: Substance Abuse Prevention and Treatment 31979 N. Fish Lake Road Round Lake, IL 60073 (847)546-6450</p> <p>1113 N. Greenwood Avenue Waukegan, IL 60085 (847)244-4434</p>	✓*	✓	✓	✓	Languages: Polish, Russian, and Spanish
<p>Gateway Foundation Alcohol & Drug Treatment 25480 W Cedarscrest Lane Lake Villa, IL 60046 (877)505-4673</p>	✓	✓	✓	✓	Mental Health assessments Case management Psychiatric evaluations Medication monitoring All services free for those 18 and younger. Accepts the uninsured.

* More languages available.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

INTERNAL MEDICINE	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Greenleaf Medical Associates 401 S. Greenleaf Street Park City, IL 60085 (847)662-0978	✓*		✓	✓	
Lake County Medical Group 157N. Seymour Avenue, Suite A Mundelein, IL 60060 (847)566-0300 2 E. Rollins Road, Suite 203 Round Lake Beach, IL 60073 (847)546-0580	✓*		✓	✓	

* More languages available.

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



SUICIDE PREVENTION	SPANISH	ACCEPTS ALL KIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Suicide Prevention Services of America National Suicide Prevention Lifeline: (800)273-8255 National Crisis Help Line: (800)784-2433 Depression Hotline: (630)482-9696 Para obtener asistencia en español llame al: (888)628-9454					



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

DENTAL CARE	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Midlakes Health Center 224 Claredon Avenue Round Lake Beach, IL 60073 (847)984-5130	✓	✓	✓	✓	Urgent care facility
North Chicago Health Center 2215 14th Street North Chicago, IL 60064 (847)984-5230	✓	✓	✓	✓	Urgent care facility
Belvidere Health Center 2400 Belvidere Road Waukegan, IL 60085 (847)377-8410	✓	✓	✓	✓	Urgent care facility
Grand Avenue Health Center 3010 Grand Avenue Waukegan, IL 60085 (847)377-8180	✓	✓	✓	✓	Urgent care facility
North Shore Health Center 1840 Green Bay Road Highland Park, IL 60035 (847)984-5330	✓	✓	✓	✓	Urgent care facility

LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY



DENTAL CARE	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Zion Benton Children's Service Dental Clinic 1608 W. 23rd Street Zion, IL 60099 (847)872-9227	✓	✓	✓		
Den-Care Smile Center 2127 Green Bay Road North Chicago, IL 60064 (847)336-8478 2213 N. Route 83 Round Lake Beach, IL 60073 (847)201-7645	✓*	✓	✓		
Erie HealthReach Health Center 2323 W. Grand Avenue Waukegan, IL 60085 (847)666-3494	✓	✓			Dental care is only available for those 20 and younger.

* More languages available.



LOCAL PRIMARY CARE AND HEALTH SERVICE PROVIDERS: LAKE COUNTY

SEXUAL ABUSE	SPANISH	ACCEPTS ALLKIDS	ACCEPTS MEDICAID	OPEN ON WEEKENDS	SPECIALTY
Zacharias Sexual Abuse Center 4725 Old Grand Avenue Gurnee, IL 60031 (847)244-1187	✓	✓	✓		



WAUKEGAN PUBLIC LIBRARY

growing quality in your life 



GetCoveredIllinois
The Official Health Marketplace



HFNLC



LakeCounty
Health Department and
Community Health Center



Antioch Area Healthcare
Accessibility Alliance

HDA
Health &
Disability
Advocates

205 W. RANDOLPH ST. SUITE 510

CHICAGO, IL 60606

© 2014 HEALTH & DISABILITY ADVOCATES